

Pacific Academy of the Healing Arts
2010-2011 Certified Substance Abuse Counselor Class Schedule
Sundays, 9 AM-4:30 PM with one hour for lunch
118 Kamehameha Avenue, Suite 4, Hilo, Hawaii

Week	Topic	Hrs.	Week	Topic	Hrs.
1 September 12, 2010	<i>Care of the Chemically Impaired: An overview of the Addictions Process</i>	6 hours	22 February 20, 2011	DSM-IV TR for the Addictions Professional: Disorders of the Elderly	6 hours
2 September 19, 2010	<i>Spirituality and Recovery, Including Twelve Step Programs</i>	6 hours	23 February 27, 2011	DSM-IV TR for the Addictions Professional: Disorders of Childhood and Adolescents	6 hours
3 September 26, 2010	Professional Ethics and Issues for the CSAC	6 hours	24 March 6, 2011	Clinical Screening and Assessment for the Addictions Professional: Mental Status Examination, Screening and Evaluation Tools	6 hours
4 October 3, 2010	<i>Stress and Coping, including self-care and stress management techniques</i>	6 hours	25 March 13, 2011	Understanding Alcohol and other Tranquilizers	6 hours
5 October 10, 2010	Multicultural Competency: Honoring the individual	6 hours	26 March 20, 2011	Understanding Hallucinogenic Drugs, including Cannabis, LSD, Club Drugs, and Psychedelics	6 hours
6 October 17, 2010	<i>Medical Issues in Chemical Dependency</i>	6 hours	27 March 27, 2011	Understanding Stimulants, including Methamphetamine, Cocaine, and Prescription Stimulants	6 hours
7 October 24, 2010	Sexually Transmitted Diseases, including HIV/AIDS	6 hours	28 April 3, 2011	Understanding Opiates, including Methadone and Prescription Narcotics	6 hours
8 October 31, 2010	<i>Crisis Management and Prevention for the CSAC</i>	6 hours	29, 30, 31 April 10, 17, 24	Introduction to Group Therapies for the Addictions Professional	18 hours
9 November 7, 2010	Confidentiality and Privacy, including 42CFR, Part 2	6 hours	32, 33 May 1 and 8, 2011	Introduction to Motivational Enhancement Therapy for the Addictions Professional	12 hours
10 November 14, 2010	<i>Client, Family and Community Education for the Addictions Professional</i>	6 hours	34, 35, 36 May 15, 22, 29 2011	Introduction to Family Systems Counseling for the Addictions Professional	18 hours
11 November 21, 2010	<i>Client-Centered Treatment Planning for the Addictions Professional</i>	6 hours	37, 38, 39 June 5, 12 and 19, 2011	Introduction to Cognitive Behavioral Therapy for the Addictions Professional	18 hours
12 December 5, 2010	<i>Case Management for the Addictions Professional</i>	6 hours	40 July 10, 2011	Understanding Co-dependency and the Creation of Healthy Relationships	6 hours
13 December 12, 2010	<i>Understanding Violence and Self Harm</i>	6 hours	41 July 17, 2011	Psychopharmacology for Co-Existing Conditions	6 hours
14 December 19, 2010	<i>Understanding Relapse Prevention</i>	6 hours	42 July 24, 2011	Report, Record Keeping, Referral and Consultation and Defensive Documentation for the Addictions Professional	6 hours
15 January 2, 2011	Guided Imagery, Mindfulness, Meditation and Complementary Therapies for Addictions	6 hours	43, 44, 45 July 31, and August 7, and 14, 2011	Written Examination Preparation	18 hours
16 January 9, 2011	DSM-IV TR for the Addictions Professional: Anxiety Disorders, Trauma and Disorders of Extreme Stress	6 hours			
17 January 16, 2011	DSM-IV TR for the Addictions Professional: Mood Disorders	6 hours			
18 January 23, 2011	DSM-IV TR for the Addictions Professional: Schizophrenia and other Psychotic Disorders	6 hours	August 28, 2011	GRADUATION CEREMONY	
19 January 30, 2011	DSM-IV TR for the Addictions Professional: Personality Disorders and Eating Disorders	6 hours			
20 February 6, 2011	Professional and Personal Boundaries and Therapeutic Communication	6 hours			
21 February 13, 2011	<i>Understanding Alcohol and other Tranquilizers</i>	6 hours			

Courses in Red Type are mandatory to satisfy Hawai'i Dept. of Health ADAD CSAC candidate standards

Courses in Italicized Type are via Verified Home Study

SCHEDULE IS SUBJECT TO CHANGE AT PAHA DIRECTOR'S DISCRETION