

Pacific Academy of the Healing Arts
2018-2019 Certified Substance Abuse Counselor Class Schedule
Sundays, 9 AM-4:30 PM with one hour for lunch

Week	Topic	Hrs	Week	Topic	Hrs
1 May14, 2018	Orientation to PAHA Care of the Chemically Impaired: An overview of the Addictions Process VIA CLASSROOM STUDY	6 hours	22 July 8, 2018	DSM-V for the Addictions Professional: Anxiety and Impulse Control Disorders VIA CLASSROOM STUDY	6 hours
2 May21, 2018	<i>Spirituality and Recovery, Including Twelve Step Programs VIA VERIFIED HOME STUDY</i>	6 hours	23 July 15, 2018	Clinical Screening and Assessment: Mental Status Examination, Screening & Evaluation Tools VIA CLASSROOM STUDY	6 hours
3 May28, 2018	Professional Ethics and Issues for the Addictions Professional VIA CLASSROOM STUDY	6 hours	24 July 22, 2018	Understanding Alcohol and other Tranquilizers VIA CLASSROOM STUDY	6 hours
4 July 4, 2018	<i>Stress and Coping, including self-care and stress management techniques VIA VERIFIED HOME STUDY</i>	6 hours	25 July 29, 2018	Understanding Opiates, including Methadone, Suboxone, and Prescription Narcotics VIA CLASSROOM STUDY	6 hours
5 July 11, 2018	<i>Multicultural Competency: Honoring the individual VIA VERIFIED HOME STUDY</i>	6 hours	26 August 5, 2018	Understanding Hallucinogenic Drugs, including Cannabis, LSD, Club Drugs, and Psychedelics VIA CLASSROOM STUDY	6 hours
6 July 18, 2018	Medical Issues in Chemical Dependency VIA CLASSROOM STUDY	6 hours	27 August 12, 2018	Understanding Stimulants, including Methamphetamine, Cocaine, and Prescription Stimulants VIA CLASSROOM STUDY	6 hours
7 July 25, 2018	Sexually Transmitted Diseases, including HIV/AIDS VIA CLASSROOM STUDY	6 hours	28 August 19, 2018	Psychopharmacology for Co-Existing Conditions VIA CLASSROOM STUDY	6 hours
8 March 4, 2018	<i>Crisis Management and Prevention for the Addictions Professional VIA VERIFIED HOME STUDY</i>	6 hours	29, 30, 31 August 26, September 9 and 16, 2018	Introduction to Group Therapies for the Addictions Professional VIA CLASSROOM STUDY	18 hours
9 March 11, 2018	Confidentiality and Privacy, including 42CFR, Part 2 VIA CLASSROOM STUDY	6 hours	32, 33 September 23 and September 30, 2018	Introduction to Cognitive Behavioral Therapy for the Addictions Professional VIA CLASSROOM STUDY	12 hours
10 March 18, 2018	Guided Imagery, Mindfulness, Meditation and Complementary Therapies for Addictions VIA CLASSROOM STUDY	6 hours	34, 35, 36 October 14, 21 and 28, 2018	Introduction to Family Systems Counseling for the Addictions Professional VIA CLASSROOM STUDY	18 hours
11 March 25, 2018	DSM-V for the Addictions Professional: Anxiety, Trauma & Disorders of Extreme Stress VIA CLASSROOM STUDY	6 hours	37, 38, 39 November 4, 18, and December 2, 2018	Introduction to Motivational Enhancement Therapy for the Addictions Professional VIA CLASSROOM STUDY	18 hours
12 April 8, 2018	<i>Understanding Relapse Prevention VIA VERIFIED HOME STUDY</i>	6 hours	40 December 9, 2018	<i>Report, Record Keeping, and, and Defensive Documentation for the Addictions Professional; Referral and VIA VERIFIED HOME STUDY</i>	6 hours
13 April 15, 2018	DSM-V for the Addictions Professional: Mood Disorders VIA CLASSROOM STUDY	6 hours	41 December 16, 2018	<i>Understanding Co-dependency and the Creation of Healthy Relationships VIA VERIFIED HOME STUDY</i>	6 hours
14 April 23, 2018	<i>Understanding Violence and Self Harm VIA VERIFIED HOME STUDY</i>	6 hours	42 January 6, 2019	<i>Professional and Personal Boundaries and Therapeutic Communication VIA VERIFIED HOME STUDY</i>	6 hours
15 April 29, 2018	<i>Client, Family and Community Education for the Addictions Professional VIA VERIFIED HOME STUDY</i>	6 hours	43, 44, 45 January 13 and 20, and 27, 2019	Written Examination Preparation Workshops VIA CLASSROOM STUDY	18 hours
16 May 6, 2018	<i>Client-Centered Treatment Planning for the Addictions Professional VIA VERIFIED HOME STUDY</i>	6 hours			
17 May 20, 2018	<i>Case Management for the Addictions Professional VIA VERIFIED HOME STUDY</i>	6 hours			
18 July 3, 2018	<i>Understanding Tobacco and other Nicotine containing substances VIA VERIFIED HOME STUDY</i>	6 hours	February 2, 2019	GRADUATION CEREMONY for Graduates and 'Ohana Laupahoehoe State Park Pavilion	
19 July 10, 2018	DSM-V for the Addictions Professional: Schizophrenia and other Psychotic Disorders VIA CLASSROOM STUDY				
20 July 24, 2018	DSM-V for the Addictions Professional: Personality Disorders and Eating Disorders VIA CLASSROOM STUDY				
21 July 1, 2018	DSM-V for the Addictions Professional: Disorders of the Elderly VIA CLASSROOM STUDY				

Courses in Red Type are mandatory to satisfy Hawai'i Dept. of Health ADAD CSAC candidate standards

Courses in Italicized Type are via Verified Home Study

Major Holidays are respected

SCHEDULE IS SUBJECT TO CHANGE AT PAHA DIRECTOR'S DISCRETION