

Pacific Academy of the Healing Arts
2020-2021 Certified Substance Abuse Counselor Class Schedule
Sundays, 9 AM-4:30 PM with one hour for lunch

Week	Topic	Hrs	Week	Topic	Hrs
1 June 7, 2020	Orientation to PAHA Care of the Chemically Impaired: An overview of the Addictions Process VIA ZOOM OR CLASSROOM STUDY	6 hours	22 November 15, 2020	DSM-V for the Addictions Professional: Anxiety and Impulse Control Disorders VIA ZOOM OR CLASSROOM STUDY	6 hours
2 June 14, 2020	<i>Spirituality and Recovery, Including Twelve Step Programs VIA VERIFIED HOME STUDY</i>	6 hours	23 November 15, 2020	Clinical Screening and Assessment: Mental Status Examination, Screening & Evaluation Tools VIA ZOOM OR CLASSROOM STUDY	6 hours
3 June 21, 2020	Professional Ethics and Issues for the Addictions Professional VIA ZOOM OR CLASSROOM STUDY	6 hours	24 November 22, 2020	Understanding Alcohol and other Tranquilizers VIA ZOOM OR CLASSROOM STUDY	6 hours
4 June 28 2020	<i>Stress and Coping, including self-care and stress management techniques VIA VERIFIED HOME STUDY</i>	6 hours	25 December 13, 2020	Understanding Opiates, including Methadone, Suboxone, and Prescription Narcotics VIA ZOOM OR CLASSROOM STUDY	6 hours
5 November 12, 2020	<i>Multicultural Competency: Honoring the individual VIA VERIFIED HOME STUDY</i>	6 hours	26 December 20, 2020	Understanding Hallucinogenic Drugs, including Cannabis, LSD, Club Drugs, and Psychedelics VIA ZOOM OR CLASSROOM STUDY	6 hours
6 November 19, 2020	Medical Issues in Chemical Dependency VIA ZOOM OR CLASSROOM STUDY	6 hours	27 January 10, 2021	Understanding Stimulants, including Methamphetamine, Cocaine, and Prescription Stimulants VIA ZOOM OR CLASSROOM STUDY	6 hours
7 November 25, 2020	Sexually Transmitted Diseases, including HIV/AIDS VIA ZOOM OR CLASSROOM STUDY	6 hours	28 January 17, 2021	Psychopharmacology for Co-Existing Conditions VIA ZOOM OR CLASSROOM STUDY	6 hours
8 August 2, 2020	<i>Crisis Management and Prevention for the Addictions Professional VIA VERIFIED HOME STUDY</i>	6 hours	29, 30, 31 January 24, 31 February 7, 2021	Introduction to Group Therapies for the Addictions Professional VIA ZOOM OR CLASSROOM STUDY	18 hours
9 August 9, 2020	Confidentiality and Privacy, including 42CFR, Part 2 VIA ZOOM OR CLASSROOM STUDY	6 hours	32, 33 February 14 and 21, 2021	Introduction to Cognitive Behavioral Therapy for the Addictions Professional VIA ZOOM OR CLASSROOM STUDY	12 hours
10 August 16, 2020	Guided Imagery, Mindfulness, Meditation and Complementary Therapies for Addictions VIA ZOOM OR CLASSROOM STUDY	6 hours	34, 35, 36 February 28, March 7 and 14, 2021	Introduction to Family Systems Counseling for the Addictions Professional VIA ZOOM OR CLASSROOM STUDY	18 hours
11 August 23, 2020	DSM-V for the Addictions Professional: Anxiety, Trauma & Disorders of Extreme Stress VIA ZOOM OR CLASSROOM STUDY	6 hours	37, 38, 39 March 21, 28, and April 11, 2021	Introduction to Motivational Enhancement Therapy for the Addictions Professional VIA ZOOM OR CLASSROOM STUDY	18 hours
12 August 30, 2020	<i>Understanding Relapse Prevention VIA VERIFIED HOME STUDY</i>	6 hours	40 April 18, 2021	<i>Report, Record Keeping, and, and Defensive Documentation for the Addictions Professional; Referral and VIA VERIFIED HOME STUDY</i>	6 hours
13 September 13, 2020	DSM-V for the Addictions Professional: Mood Disorders VIA ZOOM OR CLASSROOM STUDY	6 hours	41 April 25, 2021	<i>Understanding Co-dependency and the Creation of Healthy Relationships VIA VERIFIED HOME STUDY</i>	6 hours
14 September 20, 2020	<i>Understanding Violence and Self Harm VIA VERIFIED HOME STUDY</i>	6 hours	42 May 2, 2021	<i>Professional and Personal Boundaries and Therapeutic Communication VIA VERIFIED HOME STUDY</i>	6 hours
15 September 27, 2020	<i>Client, Family and Community Education for the Addictions Professional VIA VERIFIED HOME STUDY</i>	6 hours	43, 44, 45 May 16, 23, and 30, 2021	Written Examination Preparation Workshops VIA ZOOM OR CLASSROOM STUDY	18 hours
16 October 4, 2020	<i>Client-Centered Treatment Planning for the Addictions Professional VIA VERIFIED HOME STUDY</i>	6 hours			
17 October 11, 2020	<i>Case Management for the Addictions Professional VIA VERIFIED HOME STUDY</i>	6 hours			
18 October 18, 2020	<i>Understanding Tobacco and other Nicotine containing substances VIA VERIFIED HOME STUDY</i>	6 hours	TBD	GRADUATION CEREMONY for Graduates and 'Ohana Laupahoehoe State Park Pavilion	
19 October 25, 2020	DSM-V for the Addictions Professional: Schizophrenia and other Psychotic Disorders VIA ZOOM OR CLASSROOM STUDY				
20 November 1, 2020	DSM-V for the Addictions Professional: Personality Disorders and Eating Disorders VIA ZOOM OR CLASSROOM STUDY				
21 November 8, 2020	DSM-V for the Addictions Professional: Disorders of the Elderly VIA ZOOM OR CLASSROOM STUDY				

Courses in Red Type are mandatory to satisfy Hawai'i Dept. of Health ADAD CSAC candidate standards

Courses in Italicized Type are via Verified Home Study

Major Holidays are respected

SCHEDULE IS SUBJECT TO CHANGE AT PAHA DIRECTOR'S DISCRETION

For more information see the Pacific Academy of the Healing Arts website: <http://addictionsprofessional.com>