

Pacific Academy of the Healing Arts
2015-2016 Certified Substance Abuse Counselor Class Schedule
Sundays, 9 AM-4:30 PM with one hour for lunch
PAHA Classroom in Hilo

Week	Topic	Hrs	Week	Topic	Hrs
1, September 13, 2015	Orientation to PAHA Care of the Chemically Impaired: An overview of the Addictions Process VIA CLASSROOM STUDY	6 hours	22 February 28, 2016	DSM-V for the Addictions Professional: Anxiety and Impulse Control Disorders VIA CLASSROOM STUDY	6 hours
2 September 20, 2015	<i>Spirituality and Recovery, Including Twelve Step Programs</i> VIA VERIFIED HOME STUDY	6 hours	23 March 6, 2016	Clinical Screening and Assessment for the Addictions Professional: Mental Status Examination, Screening & Evaluation Tools VIA CLASSROOM STUDY	6 hours
3 September 27, 2014	Professional Ethics and Issues for the ADDICTIONS PROFESSIONAL VIA CLASSROOM STUDY	6 hours	24 March 13, 2016	Understanding Alcohol and other Tranquilizers VIA CLASSROOM STUDY	6 hours
4 October 4, 2015	<i>Stress and Coping, including self-care and stress management techniques</i> VIA VERIFIED HOME STUDY	6 hours	25 March 20, 2016	Understanding Opiates, including Methadone, Suboxone, and Prescription Narcotics VIA CLASSROOM STUDY	6 hours
5 October 11, 2015	<i>Multicultural Competency: Honoring the individual</i> VIA VERIFIED HOME STUDY	6 hours	26 April 3, 2016	Understanding Hallucinogenic Drugs, including Cannabis, LSD, Club Drugs, and Psychedelics VIA CLASSROOM STUDY	6 hours
6 October 18, 2015	Medical Issues in Chemical Dependency VIA CLASSROOM STUDY	6 hours	27 April 10, 2016	Understanding Stimulants, including Methamphetamine, Cocaine, and Prescription Stimulants VIA CLASSROOM STUDY	6 hours
7 October 25, 2015	Sexually Transmitted Diseases, including HIV/AIDS VIA CLASSROOM STUDY	6 hours	28 April 17, 2016	Psychopharmacology for Co-Existing Conditions VIA CLASSROOM STUDY	6 hours
8 November 1 2015	<i>Crisis Management and Prevention for the Addictions Professional</i> VIA VERIFIED HOME STUDY	6 hours	29, 30, 31 April 24, May 1 and 15, 2016	Introduction to Group Therapies for the Addictions Professional VIA CLASSROOM STUDY	18 hours
9 November 8, 2015	Confidentiality and Privacy, including 42CFR, Part 2 VIA CLASSROOM STUDY	6 hours	32, 33 May 22 and May 29, 2016	Introduction to Cognitive Behavioral Therapy for the Addictions Professional VIA CLASSROOM STUDY	12 hours
10 November 15, 2015	Guided Imagery, Mindfulness, Meditation and Complementary Therapies for Addictions VIA CLASSROOM STUDY	6 hours	34, 35, 36 June 5, 12 and 26, 2016	Introduction to Family Systems Counseling for the Addictions Professional VIA CLASSROOM STUDY	18 hours
11 November 22, 2015	DSM-V for the Addictions Professional: Anxiety Disorders, Trauma and Disorders of Extreme Stress VIA CLASSROOM STUDY	6 hours	37, 38, 39 July 10, 17, and 24, 2016	Introduction to Motivational Enhancement Therapy for the Addictions Professional VIA CLASSROOM STUDY	18 hours
12 December 6, 2015	<i>Understanding Relapse Prevention</i> VIA VERIFIED HOME STUDY	6 hours	40 July 31, 2016	<i>Report, Record Keeping, and, and Defensive Documentation for the Addictions Professional; Referral and</i> VIA VERIFIED HOME STUDY	6 hours
13 December 13, 2015	DSM-V for the Addictions Professional: Mood Disorders VIA CLASSROOM STUDY	6 hours	41 August 7, 2016	<i>Understanding Co-dependency and the Creation of Healthy Relationships</i> VIA VERIFIED HOME STUDY	6 hours
14 December 20, 2015	<i>Understanding Violence and Self Harm</i> VIA VERIFIED HOME STUDY	6 hours	42 August 14, 2016	<i>Professional and Personal Boundaries and Therapeutic Communication</i> VIA VERIFIED HOME STUDY	6 hours
15 January 10, 2016	<i>Client, Family and Community Education for the Addictions Professional</i> VIA VERIFIED HOME STUDY	6 hours	43, 44, 45 August 21 and 28, and September 11, 2016	Written Examination Preparation Workshops VIA CLASSROOM STUDY	18 hours
16 January 17, 2016	<i>Client-Centered Treatment Planning for the Addictions Professional</i> VIA VERIFIED HOME STUDY	6 hours			
17 January 24, 2016	<i>Case Management for the Addictions Professional</i> VIA VERIFIED HOME STUDY	6 hours			
18 January 31, 2016	<i>Understanding Tobacco and other Nicotine containing substances</i> VIA VERIFIED HOME STUDY	6 hours	September 18, 2016	GRADUATION CEREMONY Laupahoehoe State Park Pavilion	
19 February 7, 2016	DSM-V for the Addictions Professional: Schizophrenia and other Psychotic Disorders VIA CLASSROOM STUDY	6 hours			
20 February 14, 2016	DSM-V for the Addictions Professional: Personality Disorders and Eating Disorders VIA CLASSROOM STUDY	6 hours			
21 February 21, 2016	DSM-V for the Addictions Professional: Disorders of the Elderly VIA CLASSROOM STUDY	6 hours			

Courses in Red Type are mandatory to satisfy Hawai'i Dept. of Health ADAD CSAC candidate standards

Courses in Italicized Type are via Verified Home Study

SCHEDULE IS SUBJECT TO CHANGE AT PAHA DIRECTOR'S DISCRETION